

November 2024 Playgroups & Events

This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).*

POSITIVE PARENTING SOLUTIONS | Reading with Your Family

with Kim Waterman, MEd., and Rania Markham, MSW, LCSW | Thursday, November 21 ■ 5:30-7:30 PM
The Family Resource Center, 141 West Avenue, Great Barrington

A collaborative workshop with [Families Like Ours](#), [CHP/CFCE](#) and [The Family Resource Center](#). Join us for an engaging and informative discussion with Kim, Rania and other parents. Not only is reading an opportunity to expand horizons and develop literacy skills, it provides a time to engage with your child one on one, to encourage discussion and sharing. This session will focus on literacy development, how you incorporate reading into your everyday routine and what that can mean for your family. **Free pizza dinner, and childcare for ages 2 and up.**

Space is limited! Pre-registration only. Email chpplaygroups@chpberkshires.org to register.

BEYOND DELIVERY: Weekly Postpartum Support

Tuesdays, 10-11 AM | At Barrington OB/GYN & via Zoom

This weekly gathering is for parents, children, and those who are pregnant. Conversations include breastfeeding, new family dynamics, postpartum depression, nutrition, and all topics related to becoming a new parent. The group provides a supportive experience for parents and their babies/children during the early postpartum period and well beyond. Available to current CHP patients.

[Click here for more program info.](#)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WEST STOCKBRIDGE PLAY 10:30 to 11:30 AM</p> <p>Join Cate for imaginative play music, story, and more! Held at the West Stockbridge Library.</p>	<p>BRAIN BUILDERS 10:30 to 11:30 AM</p> <p>For ages 2 and up.</p> <p>Join Cate each week to explore, think, create, and play! STEM activities and more! Story time and outdoor play (weather permitting).</p> <p>Held at the Mason Library, Great Barrington.</p>	<p>STOCKBRIDGE PLAY 10:00 to 11:00 AM</p> <p>Join Cate and enjoy the outdoors and playground! We'll also share songs and stories!</p> <p>Held at the Stockbridge Playground, weather permitting. Rain will move the group to CHP's Family Services Building, Great Barrington.</p>	<p>TODDLER PLAY 10:00 to 11:00 AM</p> <p>Join Cate for indoor play, including the play kitchen, blocks, dolls, indoor slide, books, and lots of hands-on fun! We'll also share songs and stories!</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	
<p></p> <p>Interested in how your child is developing? Visit agesandstages.com for an "Ages and Stages" questionnaire, and be sure to include your email for the results. You will receive information on how to support your child's development, activities to strengthen their growth, and access to resources offered by CHP and other area agencies as necessary.</p>		<p>"Play is the highest form of research." —Albert Einstein</p>		<p>*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:</p> <ul style="list-style-type: none"> ■ The Massachusetts Department of Public Health ■ The Berkshire Taconic Community Foundation ■ Massachusetts Local Cultural Councils ■ The Berkshire United Way
<p>NOVEMBER PARENTS' NIGHT OUT</p> <p>Berkshire Arts Center, Stockbridge Friday, November 8, from 6:00-8:00 PM</p> <p>In collaboration with Berkshire Arts Center, we present to you a night of art-making and social support! Join us for pizza and creativity. No experience necessary!</p> <p>Childcare is available for children 4 and over. Children will have their own art class!</p> <p>Space is limited. Pre-registration required. To register, email chpplaygroups@chpberkshires.org</p>				
<p>ParentChild+ Equal Possibilities From The Start</p>			<p>Do you have a child 18 months or older? Learn how to help prepare them for preschool or school. This FREE program is for children 18 months to 3 years old and their caregivers and is available to all families in southern Berkshire County.</p> <p>For more information, visit tinyurl.com/49d846zj or contact Katelyn Parks at 413.528.0457.</p>	
				<p>Scan the code or go to chpberkshires.org/family for more CHP Family Services information and programming.</p> 