

# THE FALL SCHEDULE IS BACK!

## September 2023 Playgroups & Events

This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).\*

### Families Like Ours

Do you have a child with a disability? Perhaps you are a grandparent or caregiver? Let's connect!

All of CHP's family programs are open to parents and children of all abilities. But CHP also has a special networking and outreach program for families raising a child with disabilities of any kind. From informal hikes at accessible parks and paths to playgroups and online support groups and workshops, these programs are created and led by parents for parents of children with special needs.

Join us and make lasting connections with these programs and families like ours. For more program and workshop information, visit [chpberkshires.org/families-like-ours](http://chpberkshires.org/families-like-ours).

### Beyond Delivery: Weekly Postpartum Support

Tuesdays, 10 AM | CHP Great Barrington

A supportive gathering revolving around breastfeeding, new family dynamics, postpartum depression, nutrition and all topics related to becoming a new parent. Click the link for more information

[tinyurl.com/3rsxpr9y](http://tinyurl.com/3rsxpr9y)



Scan the code for more Family Services info and programs, or visit us online at [chpberkshires.org/family](http://chpberkshires.org/family).

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>PLAY BREAK</b> 10:30 to 11:30 AM</p> <p>Join Jeanne for imaginative play music, story, and more! Held at <b>Turn Park in West Stockbridge</b>.</p> <p><i>Rain moves the group to the West Stockbridge Library.</i></p> 	<p><b>BABY PLAY</b> 10:30 to 11:30 AM</p> <p><b>For children 12 months and UNDER</b></p> <p>Join Cate to sing songs, read books, and play together! Meet other babies and their caregivers.</p> <p>Held at the Mason Library, Great Barrington.</p>	<p><b>VIRTUAL SPECIAL NEEDS PARENT SUPPORT GROUP</b> 9:00 to 10:00 AM via ZOOM</p> <p>Raising a child with special needs can be overwhelming.</p> <p>This weekly virtual group provides validation, resources, and the opportunity to build friendships with people who face similar challenges.</p> <p>Facilitated by CHP's Rania Markham, a mother of a child with special needs.</p> <p>Email for your Zoom link: <a href="mailto:markham@chpberkshires.org">markham@chpberkshires.org</a></p>	<p><b>TODDLER PLAY</b> 10:00 to 11:00 AM</p> <p>Join Cate for indoor play, including a kitchen area, blocks, dolls, indoor slide, books, and lots of hands-on fun! We'll also share songs and story!</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	<p><b>BRAIN BUILDERS</b> 10:30 to 11:30 AM</p> <p><b>For children ages 2 and up. NO GROUP 9/22</b></p> <p>Join Cate each week to explore, think, create, and play! Story time and outdoor play!</p> <p>Held at the Mason Library, Great Barrington.</p>
<p><b>*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:</b></p> <ul style="list-style-type: none"> <li>The Massachusetts Department of Public Health</li> <li>The Berkshire Taconic Community Foundation</li> <li>Massachusetts Local Cultural Councils</li> <li>The Berkshire United Way</li> </ul> 				
<p><b>SPECIAL EVENTS FOR SEPTEMBER</b></p>				
<p><b>PARENTS' NIGHT OUT   Berkshire Arts Center, Stockbridge</b> Friday, September 8 from 6:00-8:00 PM</p> <p>In collaboration with Berkshire Arts Center, we present to you a night of art-making and social support! Join us for pizza and creativity. No experience necessary!</p> <p>Childcare is available for children 4 and over. Children will have their own art class!</p> <p>Space is limited. Pre-registration required. To register, email <a href="mailto:chpplaygroups@chpberkshires.org">chpplaygroups@chpberkshires.org</a></p>		<p><b>STOCKBRIDGE PLAY</b> 10:00 to 11:00 AM</p> <p>Join Cate and enjoy the outdoors and playground. We'll also sing songs and read stories!</p> <p>Held at the Stockbridge Playground.</p>		
<p><b>FUN WITH WORDS AND STORIES: AN EVERY CHILD READY TO READ PARENT/CHILD PLAYGROUP   Mason Library, Great Barrington</b> Friday, September 22, from 10:30-11:30 AM</p> <p>Early literacy begins with you! Learn how you can help get your child ready to read. Find out how to incorporate words and stories on a daily basis. Tips for incorporating literacy into your daily routine. Free book packet for all registrants.</p> <p>Pre-registration required. Email <a href="mailto:chpplaygroups@chpberkshires.org">chpplaygroups@chpberkshires.org</a></p>		<p><b>ParentChild+</b> Equal Possibilities From The Start</p> <p>Do you have a child 18 months or older? Now is a great time to connect with ParentChild+ to help prepare them for preschool or school.</p> <p>The ParentChild+ program is part of a nationwide initiative to prepare children for success in school. This <b>FREE</b> program is for children 18 months to 3 years old and their caregivers and is available to all families in southern Berkshire County.</p> <p>For more information, visit <a href="http://tinyurl.com/49d846zj">tinyurl.com/49d846zj</a> or contact Katelyn Parks or Mary Feuer at 413.528.0457.</p>		
		<p><b>CHP-WIC FAMILIES</b></p> <p>Stop by for a bag filled with fresh produce, bread, meat, and other locally produced foods!</p> <p>This offer is available at CHP Family Services (442 Stockbridge Road, Great Barrington), on the second and fourth Tuesday of each month from 12-4 PM.</p>		
				