

# April 2023 Playgroups & Events

This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).\*

**TAKING REGISTRATION FOR FALL 2023: PLAY 'N LEARN with Kim** | Ages 3+ with caregiver  
Mondays & Wednesdays, from 10:30 AM-12 PM

Spaces are limited and this program does fill up fast. All aspects of the Play & Learn program focus on the development of the whole child and school readiness. The program integrates art, music, physical activity, and socialization for both the child and the caregiver. Early literacy and emergent math skills are fostered. Children learn to be part of a group: turn-taking, raising hands, waiting and listening, and respect for others. **There is a required commitment to twice a week for the school year.**

Registration required. Contact: [chplaygroups@chpberkshires.org](mailto:chplaygroups@chpberkshires.org)

## Virtual Event: Individual Education Plan (IEP) 101

Tuesday, 4/11 from 12-1 PM | Zoom | FREE | Registration required



Children with special needs are entitled to an Individualized Education Plan which is developed in collaboration with parents/caregivers and school education specialists. Register > <https://tinyurl.com/5cv7a5yp>

## Beyond Delivery: Postpartum Support

Tuesdays, 10 AM | CHP Great Barrington

A supportive gathering revolving around all topics related to becoming a new parent. More information > <https://tinyurl.com/3rsxpr9y>

**PLAN AHEAD! CHP Family Services will not host regular playgroups during school vacation week, April 17-21.**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>PLAY BREAK</b> 10:30-11:30 AM</p> <p>Join Jeanne for imaginative play, music, story, and more! Held at the West Stockbridge Library.</p> 	<p><b>NEW DAY! BABY TIME!</b> 10:30-11:30 AM</p> <p>Join Cate to sing songs, read books, and play together! Meet babies and their caregivers!</p> <p>This program is for babies 12 months and under. Held at the Mason Library, Great Barrington.</p>	<p><b>VIRTUAL SPECIAL NEEDS PARENT SUPPORT GROUP</b> 9:00 to 10:00 AM</p> <p>Raising a child with special needs can be overwhelming.</p> <p>This weekly virtual group provides validation, resources, and the opportunity to build friendships with people who face similar challenges.</p> <p>Facilitated by CHP's Rania Markam, a mother of a child with special needs.</p> <p>Email for your Zoom link: <a href="mailto:markham@chpberkshires.org">markham@chpberkshires.org</a></p>	<p><b>TODDLER PLAY</b> 10:00 AM</p> <p>Join Cate for indoor play: kitchen area, blocks, dolls, puzzles, cars, indoor slide, books, and hands-on fun! Songs and story! Held at the CHP Family Services Building, Great Barrington.</p> <p><i>Masks are required for all persons over the age of 5.</i></p>	<p><b>SING AND PLAY</b> 10:30-11:30 AM <b>(NO GROUP APRIL 7)</b></p> <p>Bring your instruments, your singing voices, and your playful vibes for an hour of creative fun with Jeanne. Held at the CHP Family Services Building, Great Barrington.</p> <p><i>Masks are required for all persons over the age of 5.</i></p>
<p><b>*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:</b></p> <ul style="list-style-type: none"> <li>The Massachusetts Department of Public Health</li> <li>The Berkshire Taconic Community Foundation</li> <li>Massachusetts Local Cultural Councils</li> <li>The Berkshire United Way</li> </ul> 		<p><b>STOCKBRIDGE PLAY</b> 10:00 to 11:00 AM</p> <p>Join Cate and enjoy the outdoors and playground. We'll also sing songs and read stories! Held at the Stockbridge Playground.</p>	<p><b>PLAYROOM DROP-IN HOUR</b> 3:00-4:00 PM</p> <p>Drop in for indoor play: kitchen area, blocks, dolls, puzzles, cars, indoor slide. Held at the CHP Family Services Building, Great Barrington.</p> <p><i>Masks are required for all persons over the age of 5.</i></p>	<p><b>NEW DAY! BRAIN BUILDERS</b> 10:30 to 11:30 AM <b>(NO GROUP APRIL 28)</b></p> <p>Join Cate each week to explore, think, create, and play! We always have storytime and outdoor play, weather permitting. This group is for children ages 2 and up. Held outside at the Mason Library, Great Barrington.</p>

## SPECIAL EVENTS FOR APRIL

### STRENGTHEN & CONDITION WORKOUT WITH CHILDCARE

**Berkshire Pulse, Housatonic**  
Monday, April 17 and 24, from 10:00-10:45 AM

In collaboration with **Berkshire Pulse**, we bring you an opportunity to work out for free!

Join Annie for a basic full-body workout which includes a warm-up, self-paced stations, group abs, arms, and a cool down. **Free childcare is available for families with children one year and over.**

Registration required. Email [chplaygroups@chpberkshires.org](mailto:chplaygroups@chpberkshires.org)

### PARENTS' NIGHT OUT | Berkshire Arts Center, Stockbridge

Friday, April 14, from 6:00-8:00 PM

In collaboration with **Berkshire Arts Center**, we present to you a night of art-making and social support! Join us for pizza and creativity. No experience necessary!

Childcare is available with children having their own art class! **Available for children 6 and over.**

Space is limited. Pre-registration required.

To register, email [chplaygroups@chpberkshires.org](mailto:chplaygroups@chpberkshires.org)



### FUN WITH LETTERS: AN EVERY CHILD READY TO READ

**PARENT/CHILD PLAYGROUP** | Mason Library, Great Barrington  
Friday, April 28, from 10:30-11:30 AM

Early literacy begins with you! Join Kim and help your child get ready to read. Learn how to incorporate letter learning on a daily basis and literacy into your daily routine. All attendees will receive a free book packet.

This event is open for caregivers and children, ages birth through six years.

Registration required. Email [chplaygroups@chpberkshires.org](mailto:chplaygroups@chpberkshires.org)

### FOOD FOR ALL!

CHP Berkshires and Berkshire Grown team up to offer CHP patients and clients a free bag of fresh, locally-grown produce, dairy products, and other healthy food.

Call 413.528.0547 for locations, dates and pick-up times.

*First come, first served!*

