

# March 2025 Playgroups & Events


This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).\*



## BEYOND DELIVERY: Weekly Postpartum Support

Tuesdays, 10-11 AM | Barrington OB/GYN ■ 27 Lewis Avenue, Ground Floor

This weekly gathering is for parents, children, and those who are pregnant. Conversations include breastfeeding, new family dynamics, postpartum depression, nutrition, and all topics related to becoming a new parent. The group provides a supportive experience for parents and their babies/children during the early postpartum period and well beyond. Available to current CHP patients. Group health visits are covered by most insurance plans. Co-pays and deductibles may apply. Call 413.528.1470 or [click here for more program information](#).

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>WEST STOCKBRIDGE PLAY</b> 10:30 to 11:30 AM</p> <p>Join Cate for imaginative play music, story, and more!</p> <p>Held at the West Stockbridge Library.</p>	<p><b>BRAIN BUILDERS</b> 10:30 to 11:30 AM</p> <p><b>For ages 2 and up.</b></p> <p>Join Cate each week to explore, think, create, and play! STEM activities and more! Story time and outdoor play (weather permitting).</p> <p>Held at the Mason Library, Great Barrington.</p>	<p><b>CRAFT &amp; PLAY</b> 10:00 to 11:00 AM</p> <p>Join us for crafts with Cate! This month we'll make shamrocks, bugs, flowers, and other spring-themed projects! We'll also enjoy stories and indoor play with blocks, dolls, the play kitchen, slide, and more.</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	<p><b>TODDLER PLAY</b> 10:00 to 11:00 AM</p> <p>Join Cate for indoor play, including the play kitchen, blocks, dolls, indoor slide, books, and lots of hands-on fun! We'll also share songs and stories!</p> <p>Held at the CHP Family Services Building, Great Barrington.</p>	<p><b>SING &amp; DANCE TOGETHER</b> 10:30 to 11:30 AM</p> <p><b>From birth through 5 years.</b></p> <p>Looking for a fun way to stay active and beat the chilly December weather? Join us for singing, dancing, and playtime with drums, bells, balls, and hoops. Enjoy circle time, dancing, and plenty of musical fun!</p> <p>Held at the Mason Library, Great Barrington.</p>
<p> <b>ASQ</b></p> <p><b>Interested in knowing how your child is developing?</b></p> <p>Visit <a href="http://chpberkshires.org/parent-child-home-program">chpberkshires.org/parent-child-home-program</a> (or scan the QR code) for links to an "Ages and Stages" questionnaire. After filling in the questionnaire you will receive information on how to support your child's development, activities to strengthen their growth, and access to resources offered by CHP and other area agencies as necessary.</p>		<p><b>"Play is our brain's favorite way of learning."</b></p> <p>—Diane Ackerman</p>		<p><b>MARCH PARENTS' NIGHT OUT</b></p>



### Berkshire Arts Center, Stockbridge

Friday, March 14, from 6:00-8:00 PM

In collaboration with Berkshire Arts Center, we present to you a night of art-making and social support! Join us for pizza and creativity. No experience necessary!

Childcare is available for children 4 and over.

Children will have their own art class!

Space is limited. Pre-registration required.

To register, email [chpplaygroups@chpberkshires.org](mailto:chpplaygroups@chpberkshires.org)

### \*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:

- The Massachusetts Department of Public Health
- The Berkshire Taconic Community Foundation
- Massachusetts Local Cultural Councils
- The Berkshire United Way



**ParentChild+**  
Equal Possibilities From The Start

Do you have a child 18 months or older? Learn how to help prepare them for preschool or school. This FREE program is for children 18 months to 3 years old and their caregivers and is available to all families in southern Berkshire County.

For more information, visit [tinyurl.com/49d846zj](http://tinyurl.com/49d846zj) or contact Katelyn Parks at 413.528.0457.

Visit us online at [chpberkshires.org/family](http://chpberkshires.org/family) for more CHP Family Services information and programming.