



January 2023 Playgroup Schedule

This program is funded by the Coordinated Family and Community Engagement (CFCE) grant awarded to Community Health Programs by the Department of Early Education and Care (EEC).*

MARK YOUR CALENDARS: VIRTUAL WORKSHOPS FOR JANUARY

Individual Education Plan (IEP) 101: Online Orientation for Parents of Special Needs Children

January 11, 2023 | 11:00 AM – 12:00 PM EST

Scan the QR code for more information and to register. This event is also available with Spanish translation.



Special Kids, Special Diet: A Virtual Workshop to Explore Ideas and Speak with a Nutrition Team

January 26, 2023 | 11:00 AM – 12:00 PM EST

Scan the QR code for more information and to register. This event is also available with Spanish translation.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>PLAY BREAK with Jeanne from 10:30-11:30 AM Imaginative play, music, story, and more! West Stockbridge Library</p> 	<p>BRAIN BUILDERS with Cate from 10:30 to 11:30 AM <i>Ages 2 and up</i> Join us each week to explore, think, create, and play! Story time and outdoor play! Outside at the Mason Library, Great Barrington</p>	<p>STOCKBRIDGE PLAY with Cate from 10:00 to 11:00 AM Come and enjoy the outdoors and playground. Songs and story! Stockbridge Playground</p>	<p>TODDLER PLAY with Cate at 10:00 AM Indoor play: kitchen area, blocks, dolls, indoor slide, books and hands-on fun!! Songs and story! CHP Family Services Building, Great Barrington <i>Masks are required for all persons over the age of 2.</i></p>	<p>SING AND PLAY with Jeanne at 10:30 AM Bring your instruments, your singing voices and your playful vibes! CHP Family Services Building, Great Barrington <i>Masks are required for all persons over the age of 2.</i></p>
<p>SPECIAL EVENTS FOR JANUARY</p> <p>STRENGTHEN & CONDITION with Annie Workout Class with Childcare Monday, January 23 and 30, from 10:00-10:45 AM In collaboration with Berkshire Pulse in Housatonic, we bring you an opportunity to work out for free! A basic full body workout with modifications available. Warm up, self-paced stations, group abs and arms, and a guided cool down and stretch. For families with children one year and over. Space is limited. Pre-registration required. To register, email chpplaygroups@chpberkshires.org Berkshire Pulse, Housatonic</p>			<p>PLAYROOM DROP-IN HOUR 3:00-4:00 PM Drop in for indoor play: kitchen area, blocks, dolls, puzzles, cars, indoor slide CHP Family Services Building, Great Barrington <i>Masks are required for all persons over the age of 2.</i></p>	<p>PLEASE NOTE: The clothing exchange will be closed during playgroup times. You can use the clothing exchange after playgroup, but the playroom will be closed, and you will have to keep your child with you at all times.</p>
<p>CAREGIVER'S NIGHT OUT with Kim Friday, January 13, from 6:00-8:00 PM In collaboration with Berkshire Arts Center, we present a night of art-making and social support! This month we will make simple foam stampers to print on canvas totes. Join us for pizza and creativity. No experience necessary! Childcare available for children ages 6 and over. Children will have their own art class in a separate studio! Space is limited. Pre-registration required. To register, email chpplaygroups@chpberkshires.org Berkshire Art Center, Stockbridge</p>			<p>Interested in how your child is developing? Visit agesandstages.com fill in a questionnaire, and receive information on how to support your child's development, activities to strengthen their growth, and access to resources offered by CHP and other agencies.</p> 	
<p>LUNAR NEW YEAR CELEBRATION Friday, January 20, from 10:30-11:30 AM Join us for tea, cookies, stories, and art making! Help create a collaborative dragon collage and decorate your own paper lantern. Dress warm! Outside at the Mason Library, Great Barrington</p> 			<p>These programs are neither sponsored or endorsed by Berkshire Hills Regional School District.</p> <p>*CHP FAMILY SERVICES IS ALSO FUNDED IN PART BY:</p> <ul style="list-style-type: none"> ■ The Massachusetts Department of Public Health ■ The Berkshire Taconic Community Foundation ■ Massachusetts Local Cultural Councils, and ■ The Berkshire United Way.  	