



Together is Better! Is a Group Health Visit Right for You?

What is a group health visit?

- CHP offers [group health visits](#) for patients who share certain chronic health conditions and who may benefit from a supportive group setting. Group care is also sometimes helpful for patients receiving follow-up care for certain ailments or conditions.
- A CHP clinician will lead your group visit, sometimes with other wellness professionals such as a health educator, yoga instructor, or nutritionist.
- Group health visits are held in a private healthcare setting or online.

Are group care visits covered by insurance?

- Group care visits are typically covered by insurance. Co-pays and deductibles may apply.
- Check with your insurance plan to see how your coverage applies to group visits, especially behavioral health and group therapy.

Are there limits on the number of group visits I can have?

- Although CHP does not have a limit on group care visits, check with your insurer about any limits, including for behavioral health care and group therapy.

Is there assistance available if I can't afford to pay?

- CHP offers [financial assistance](#) to help patients access care, including group care visits.
- CHP's Certified Patient Navigators can assist patients with:
 - Enrolling in primary or secondary insurance, which usually covers group visits (co-pays and deductibles may apply). Even if you have private insurance, you may qualify for a secondary plan to help pay for services
 - CHP's [Sliding Fee Scale program](#) is available to income-qualifying patients. Navigators can provide more information and help with the application
 - Financial hardship programs
- Payment plans are available to all patients.
- A 10% discount is available to self-pay patients who pay at the time of service.

Questions about group health visits at CHP?

Contact your primary care provider's office, or send us a Patient Portal message.

Questions about billing or payment? Contact our Billing Department through the CHP Patient Portal, or email: Medicalbilling@chpberkshires.org, or call 413.717.6261.

We encourage you to take advantage of group medical visits at CHP Berkshires!